

Visual-Motor Integration

Visual-Motor Integration 1 Date: _____

Start at the arrow. Follow the dots carefully to trace the numbers in the correct direction.

1 2 3 4 5

Extra practice

1 2 3 4 5

Visual-Motor Integration 4 Date: _____

Start at the arrow. Follow the dots carefully to trace the numbers in the correct direction.

2 3 4 5

Extra practice

2 3 4 5

Visual-Motor Integration 9 Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each number.

1 2 3 4 5 6 7 8 9 10

Extra practice

1 2 3 4 5 6 7 8 9 10

Visual-Motor Integration 13 Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each letter.

a A b B c C d D e E

Extra practice

a A b B c C d D e E

Visual-Motor Integration 18 Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each letter.

a A b B c C d D e E

Extra practice

a A b B c C d D e E

Visual-Motor Integration: Targets the vital connection between visual perception and physical graphomotor output.

Structured Cat Cues: Utilises a "Head, Tummy, Tail" guide to ensure correct letter and number orientation on lines.

Scaffolded Practice: Transitions from high-support dotted tracing to hollow-font formation to build muscle memory.

SA Classroom Ready: Features the Teacher's Pet font, specifically designed for early childhood legibility and South African standards.

Low-Prep Intervention: Designed to be printed and laminated for high-impact use in daily classroom rotations or ISP support.

Dual-Format Reinforcement: Integrates both uppercase and lowercase letters alongside numerical formation for comprehensive foundational support.

How to Use

Learner Name: _____

VISUAL-MOTOR INTEGRATION INTERVENTION GUIDE

Purpose

This resource develops visual-motor integration, supporting the connection between what learners see and how they reproduce it through writing. It strengthens number and letter formation, directionality, and fine motor control.

How to Use This Resource

Learners progress through structured levels of support:

Level 1: Guided Tracing

Learner traces dotted formations to develop directionality and motor planning.

Level 2: Supported Formation

Learner traces within hollow shapes to build control and consistency.

- Always encourage learners to start at the arrow
- Reinforce correct positioning using Head, Tummy, Tail
- Repeat pages as needed for consolidation

Implementation

- Suitable for individual support, small group intervention, or classroom rotation
- Can be printed or laminated for repeated use
- Ideal for learners experiencing:
 - Poor letter/number formation
 - Reversals or incorrect directionality
 - Weak fine motor control
 - Slow writing development

Advantages

Clear scaffolded progression
Builds muscle memory through repetition
Supports CAPS-aligned handwriting expectations
Low-prep, high-impact intervention
Easily adaptable for different ability levels

Teacher Notes

- Focus on accuracy before speed
- Provide verbal cues during tracing
- Monitor starting points and stroke direction
- Adjust level based on learner performance

Teacher Name: _____

Date Started: _____

Review Date: _____

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Last updated: May 2024

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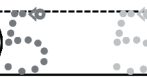
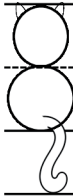
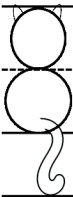
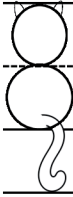
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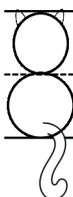
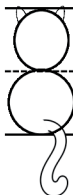
Visual-Motor Integration I

Date: _____

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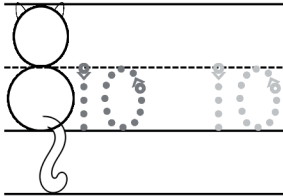
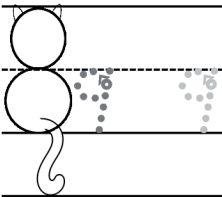
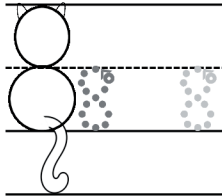
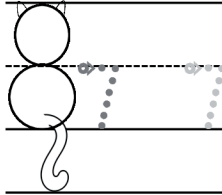
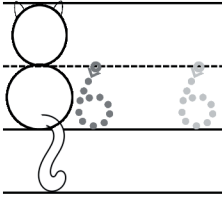
Extra practice



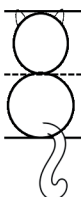
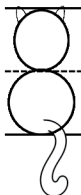
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Date: _____

Start at the arrow. Follow the dots carefully to trace the numbers in the correct direction.



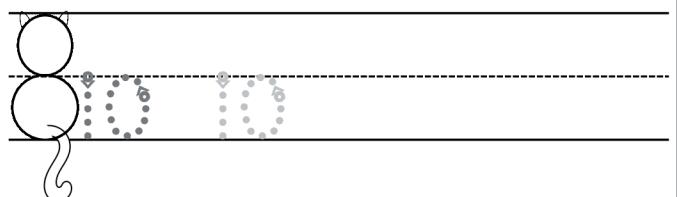
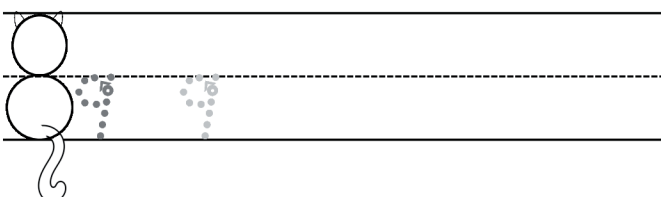
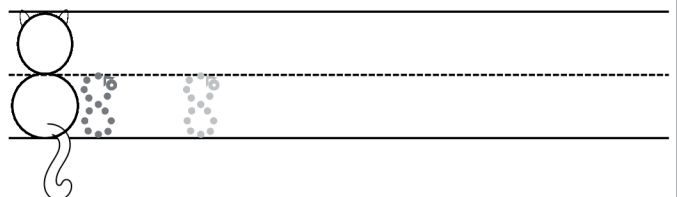
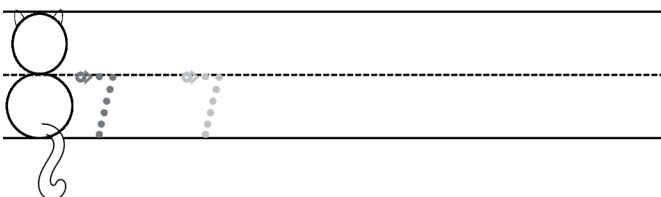
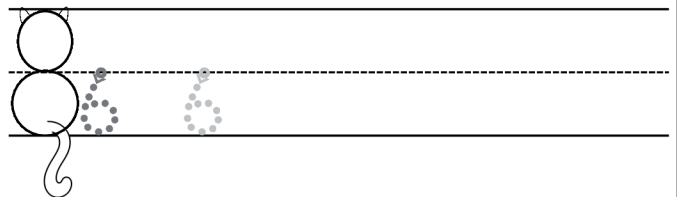
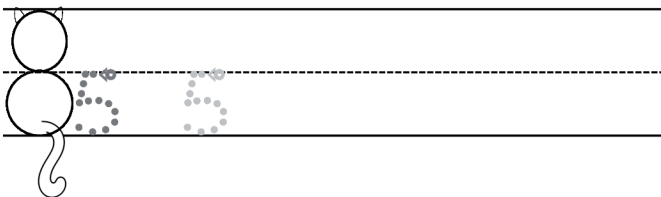
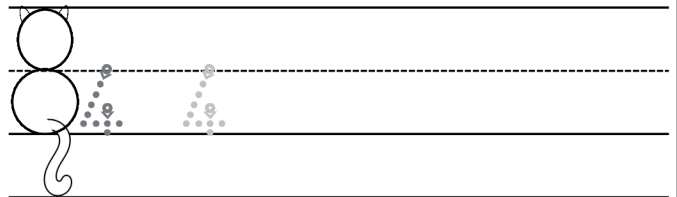
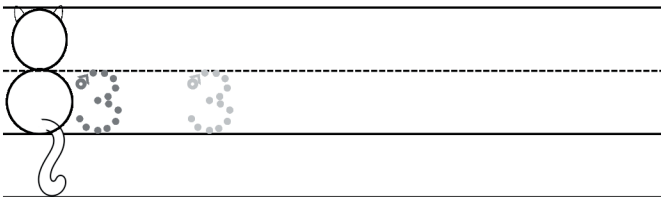
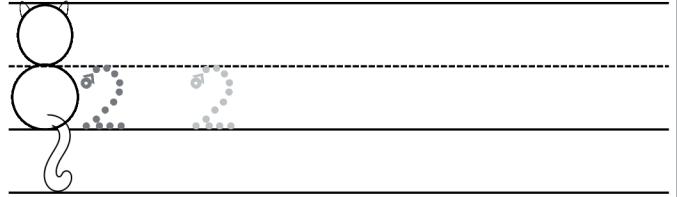
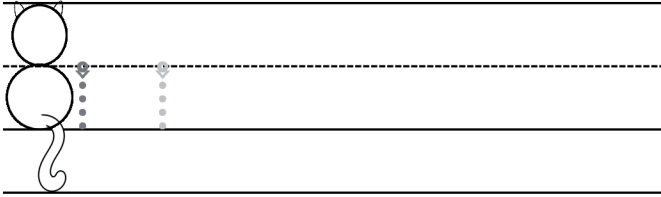
Extra practice



Visual-Motor Integration 3

Date: _____

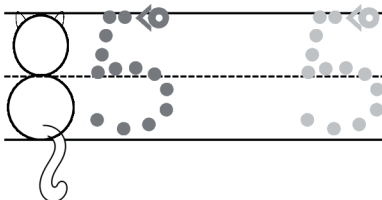
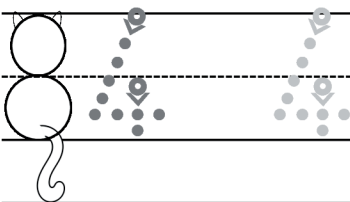
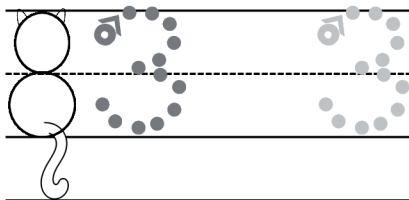
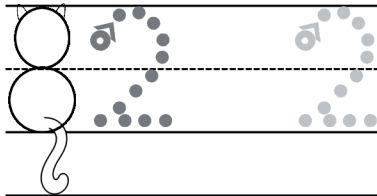
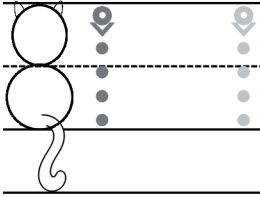
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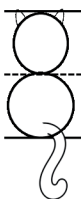
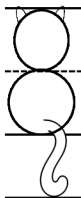
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Date: _____

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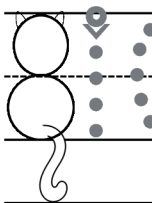
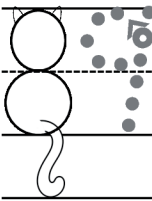
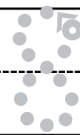
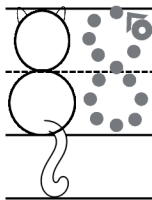
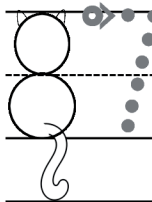
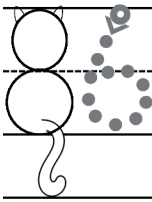
Extra practice



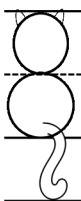
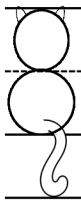
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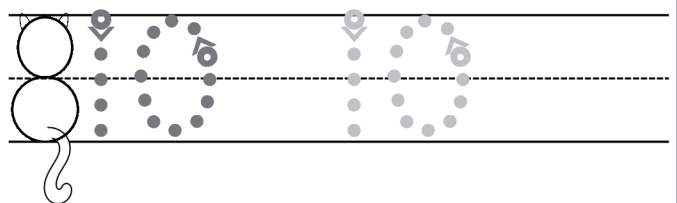
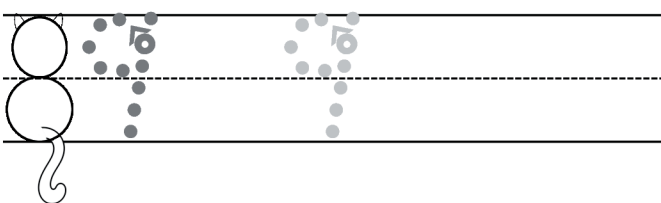
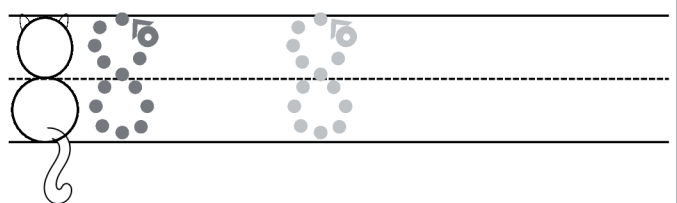
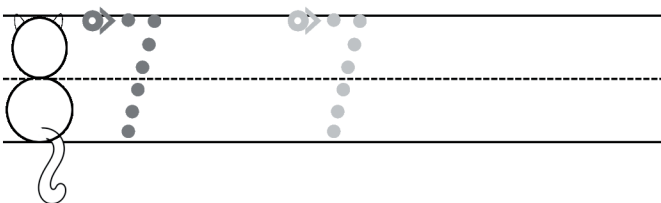
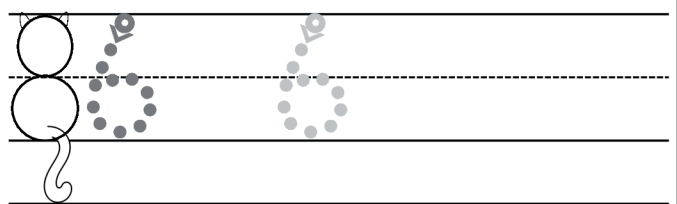
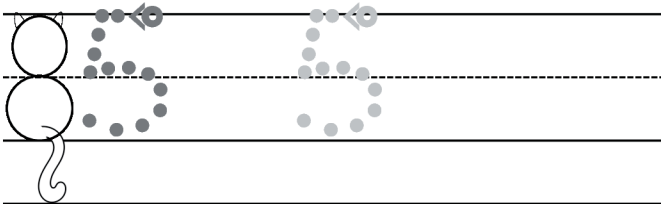
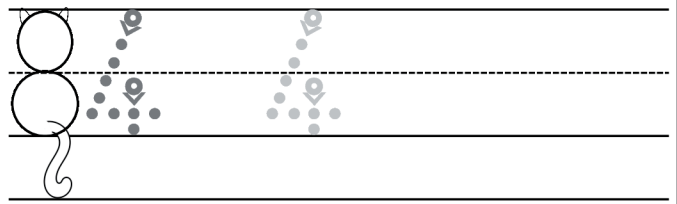
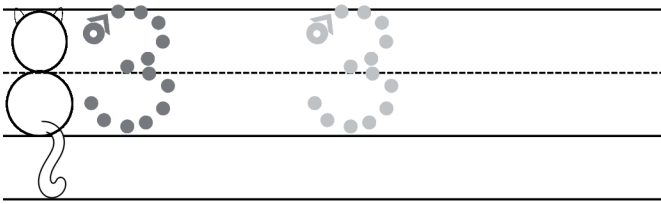
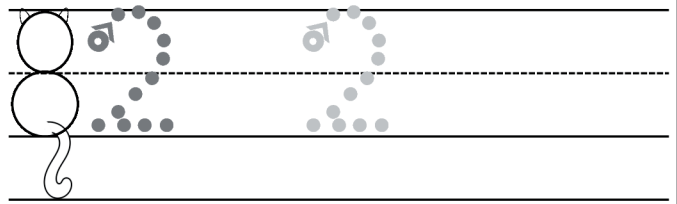
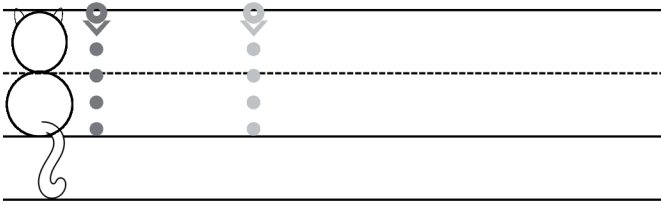
Extra practice



Visual-Motor Integration 6

Date: _____

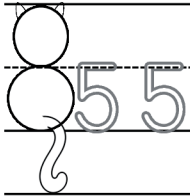
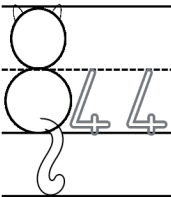
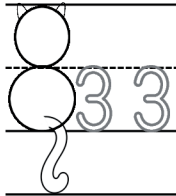
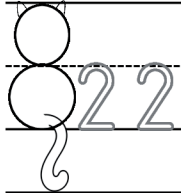
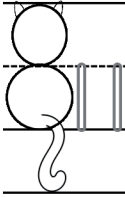
Start at the arrow. Follow the dots to trace the numbers carefully.



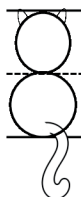
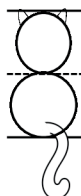
Visual-Motor Integration 7

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each number.



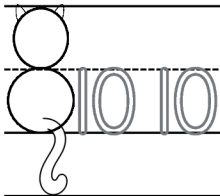
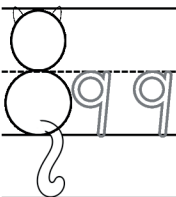
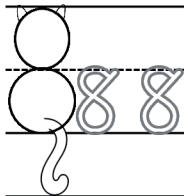
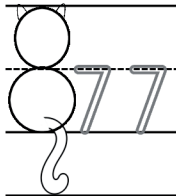
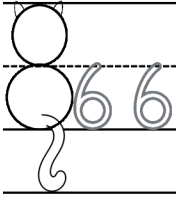
Extra practice



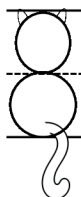
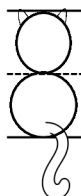
Visual-Motor Integration 8

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each number.



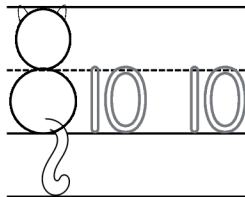
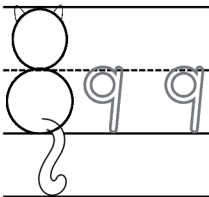
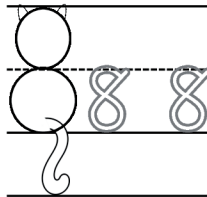
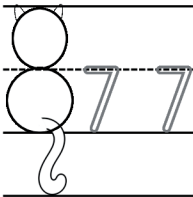
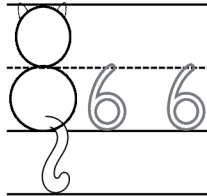
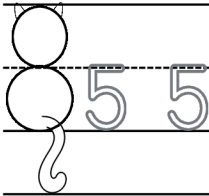
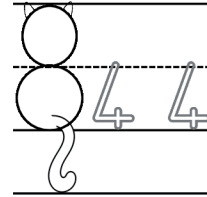
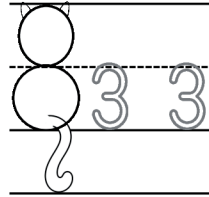
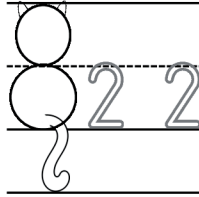
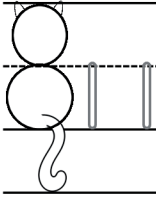
Extra practice



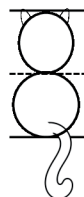
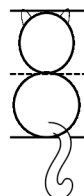
Visual-Motor Integration 9

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each number.



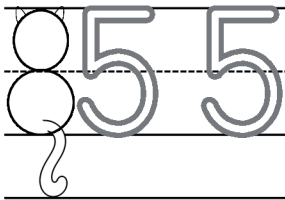
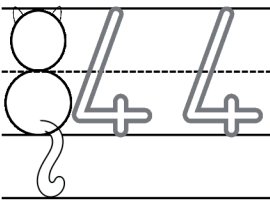
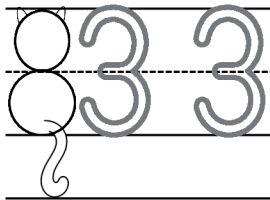
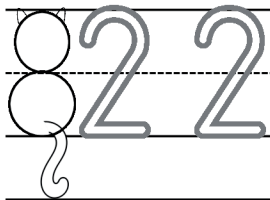
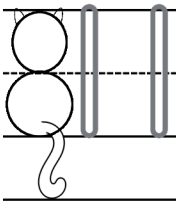
Extra practice



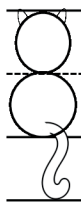
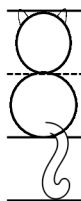
Visual-Motor Integration 10

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each number.



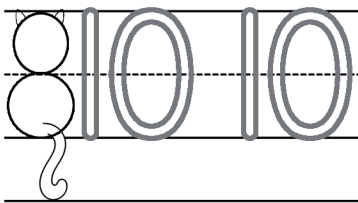
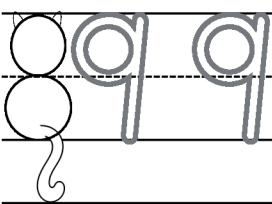
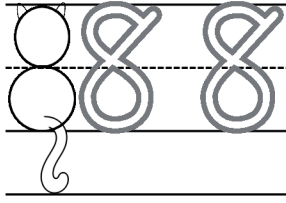
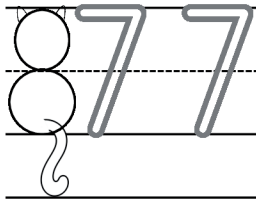
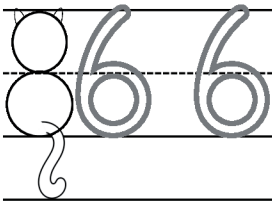
Extra practice



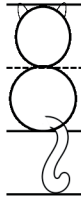
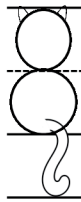
Visual-Motor Integration II

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each number.



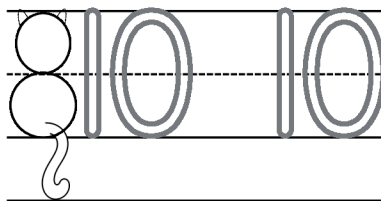
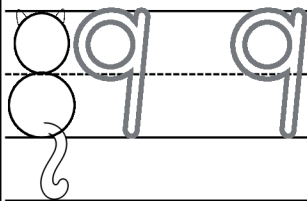
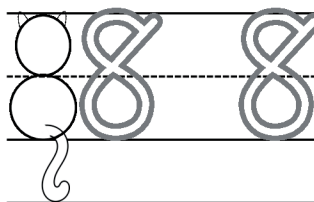
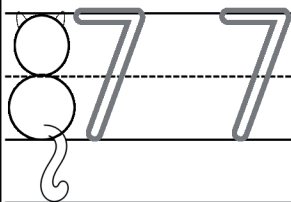
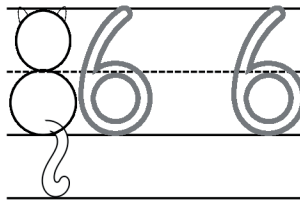
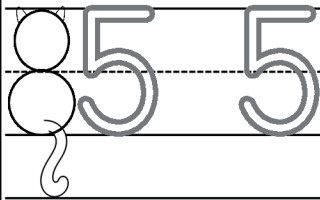
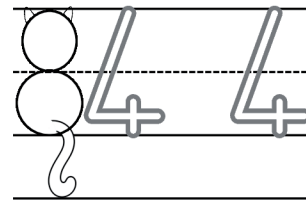
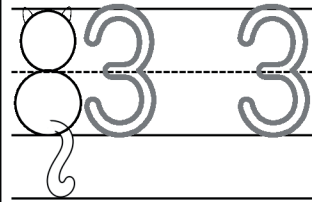
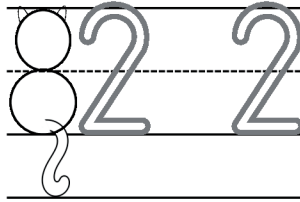
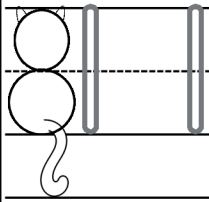
Extra practice



Visual-Motor Integration 12

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each number.



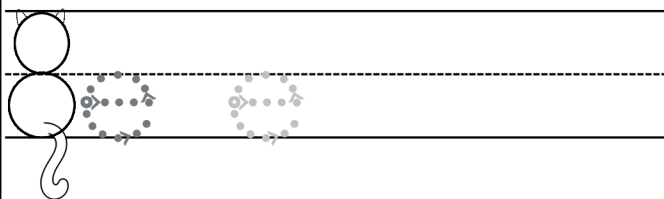
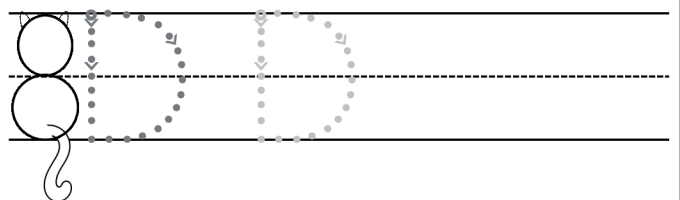
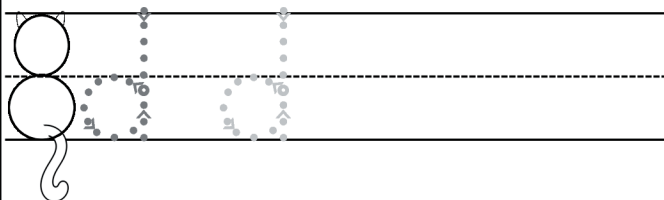
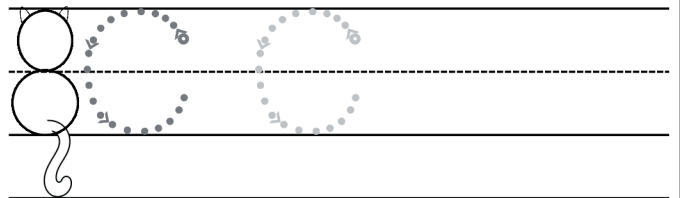
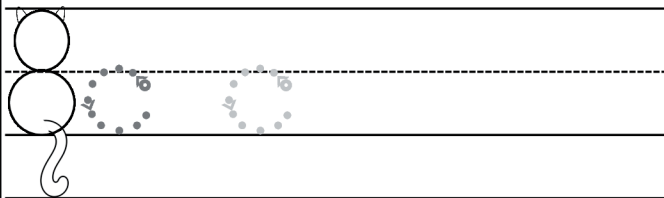
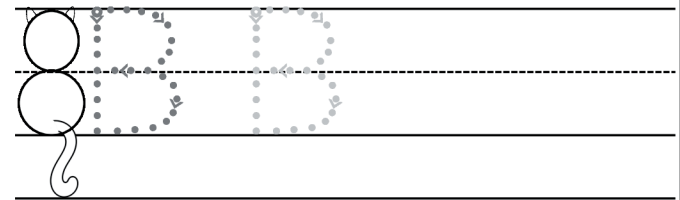
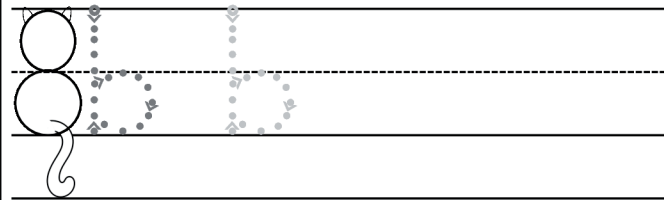
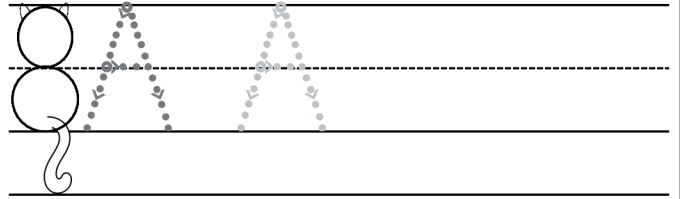
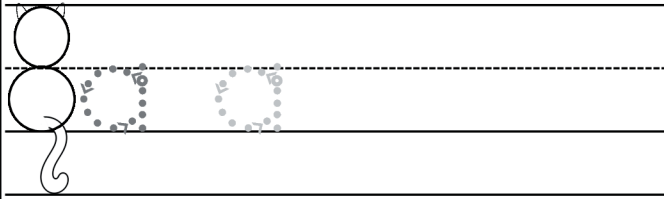
Extra practice



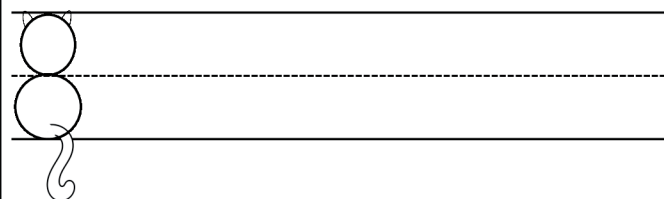
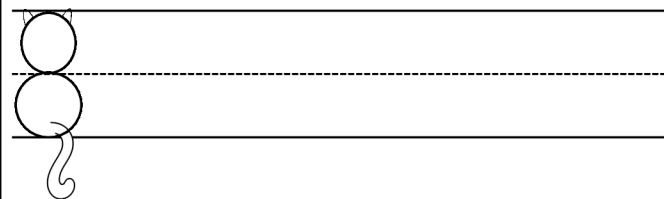
Visual-Motor Integration 13

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each letter.



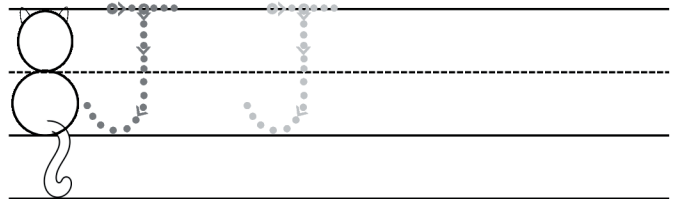
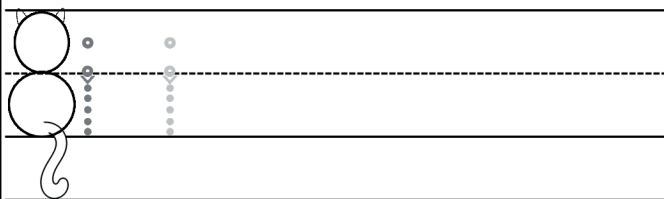
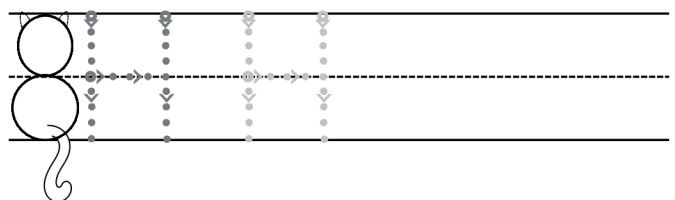
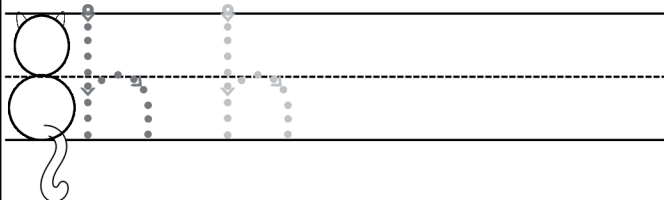
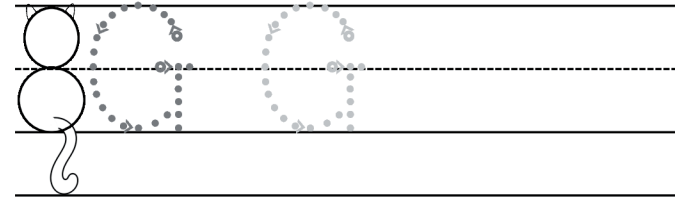
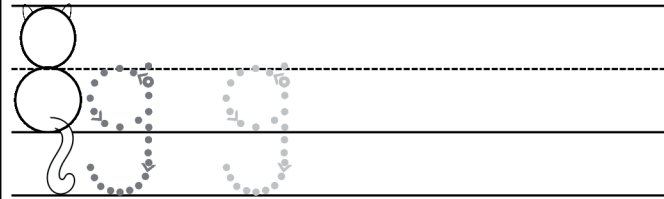
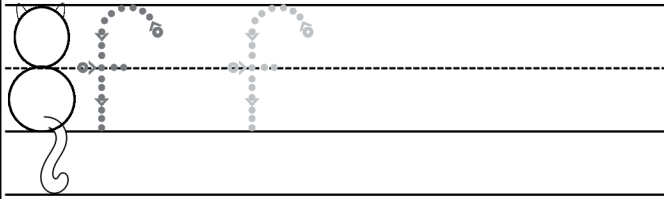
Extra practice



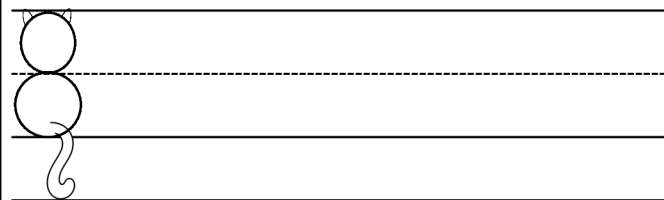
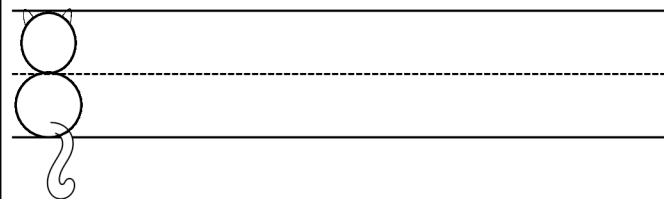
Visual-Motor Integration 14

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each letter.



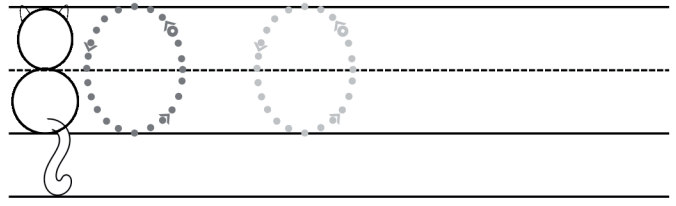
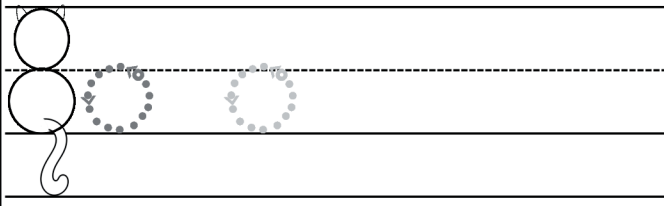
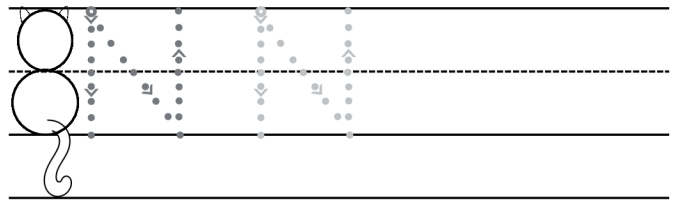
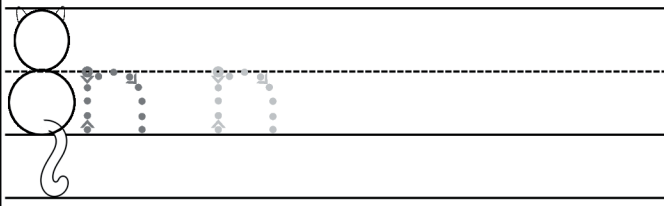
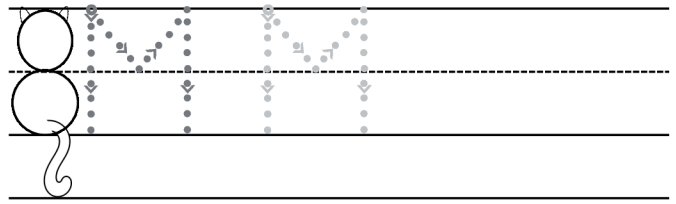
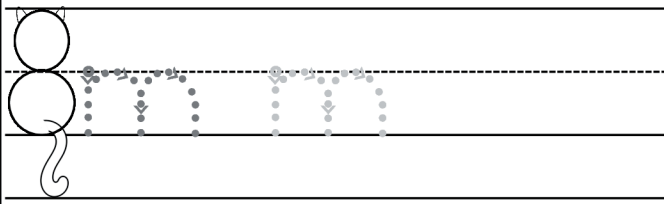
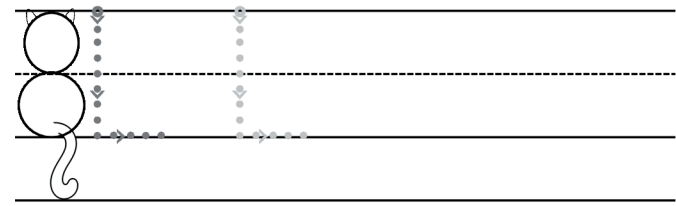
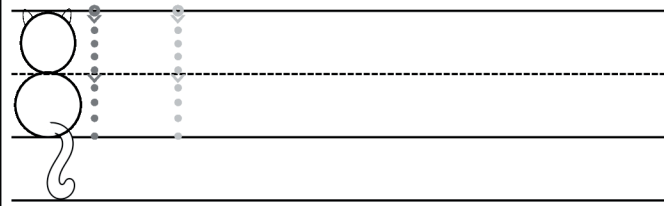
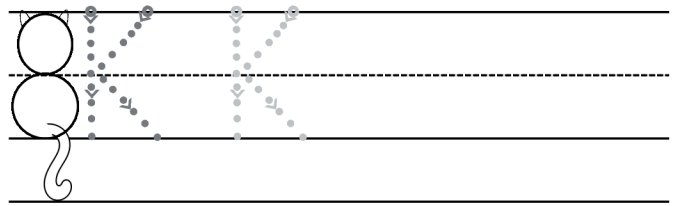
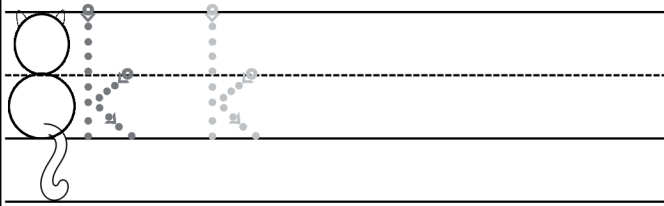
Extra practice



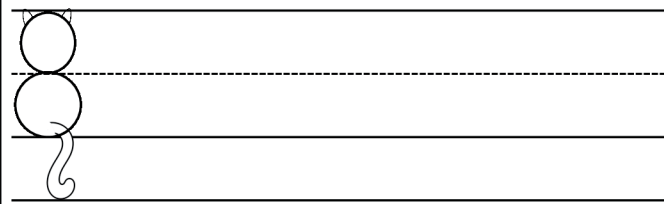
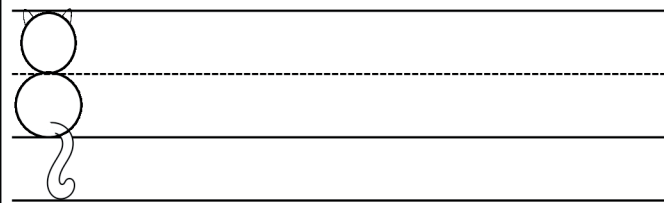
Visual-Motor Integration 15

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each letter.



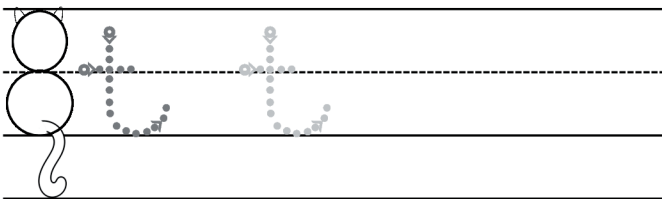
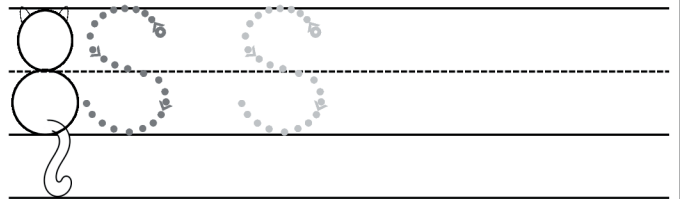
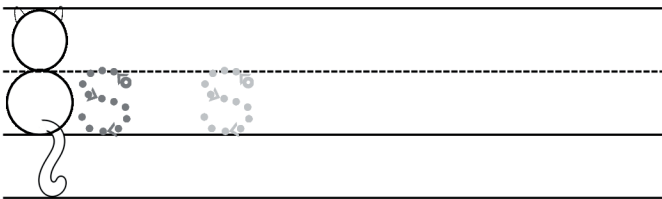
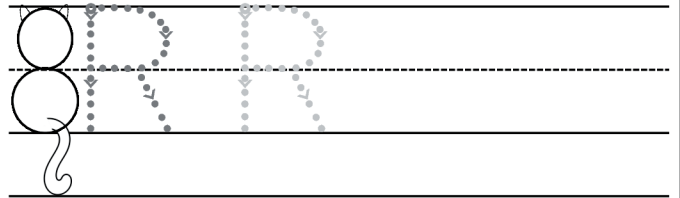
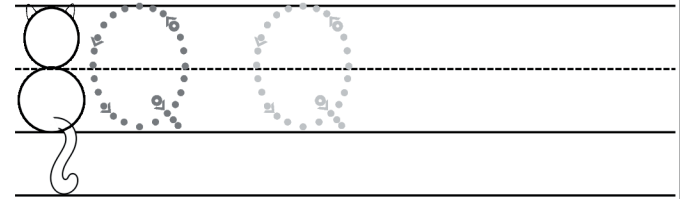
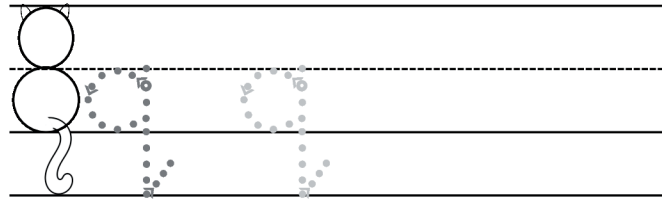
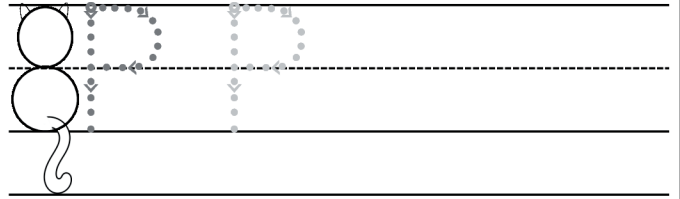
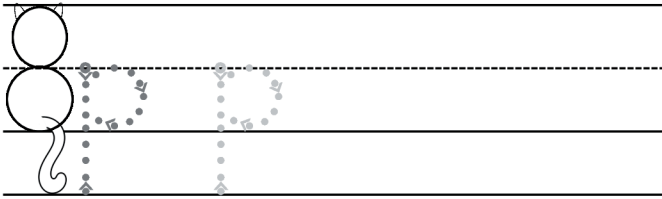
Extra practice



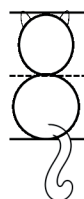
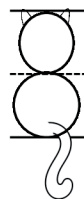
Visual-Motor Integration 16

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each letter.



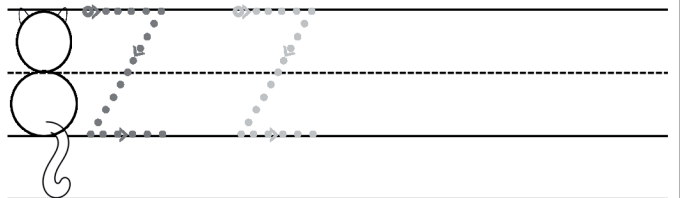
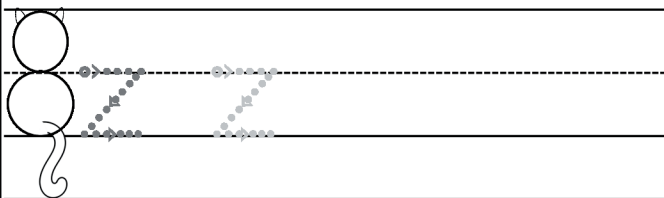
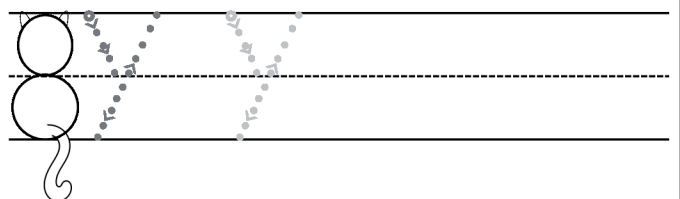
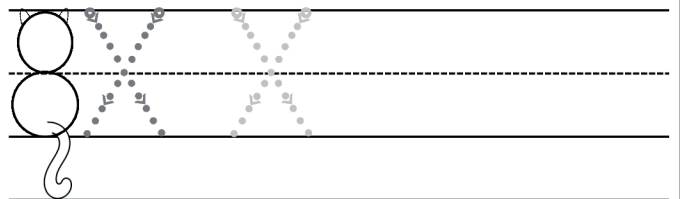
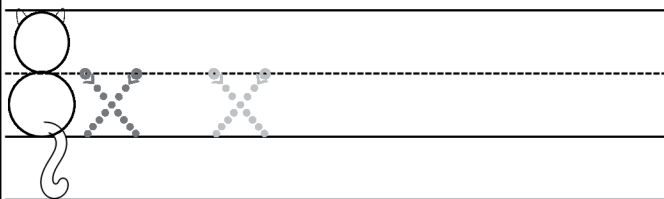
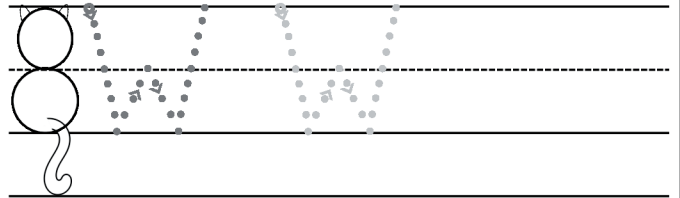
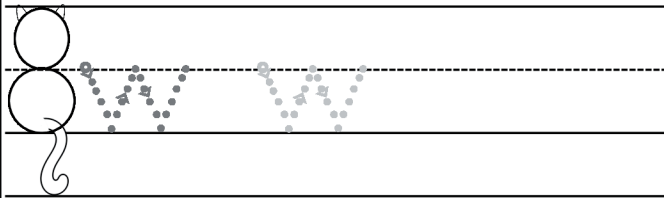
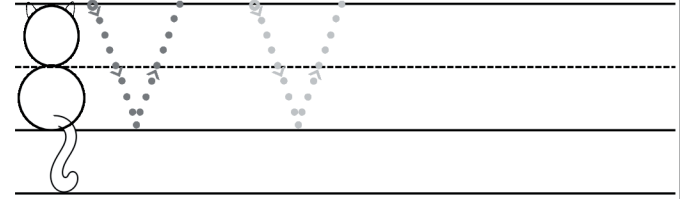
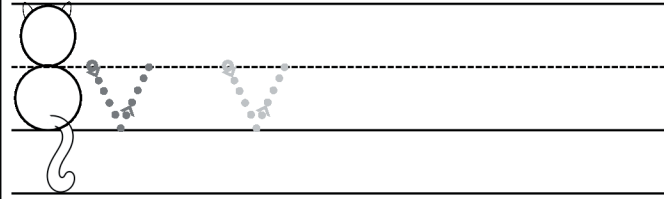
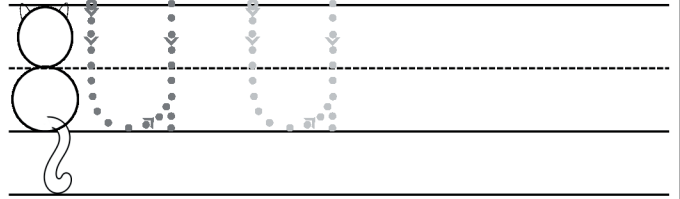
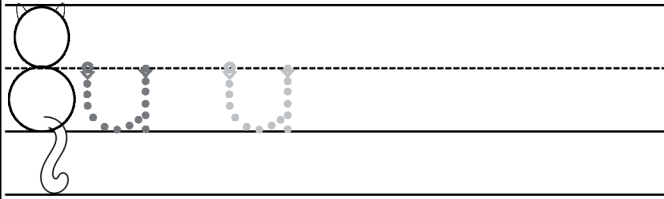
Extra practice



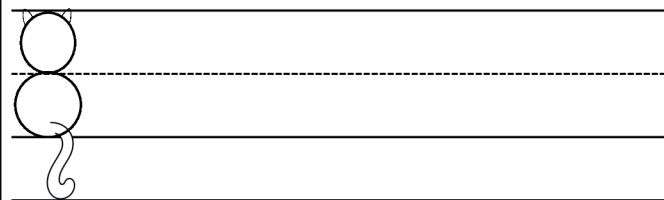
Visual-Motor Integration 17

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each letter.



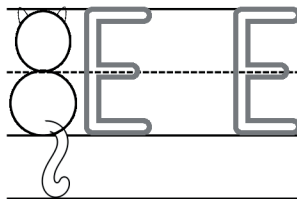
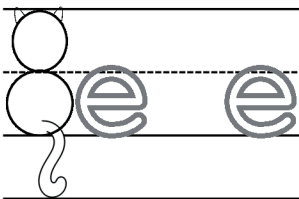
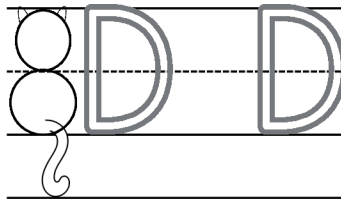
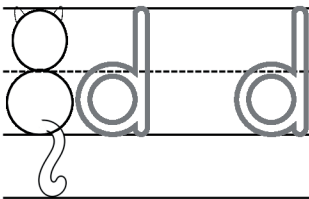
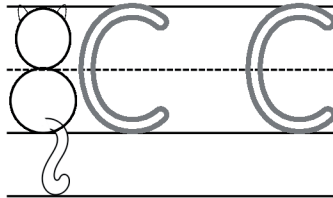
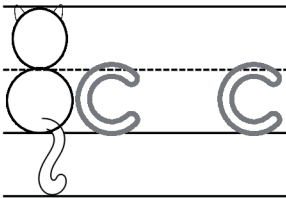
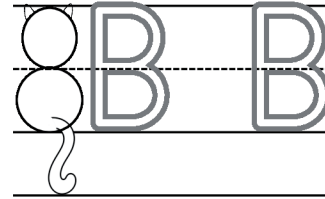
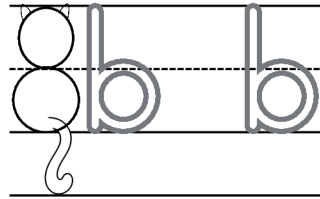
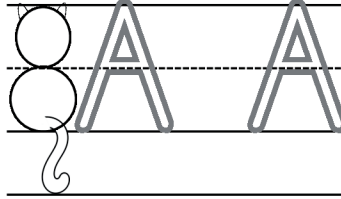
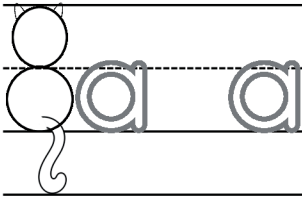
Extra practice



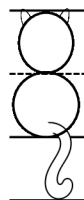
Visual-Motor Integration 18

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each letter.



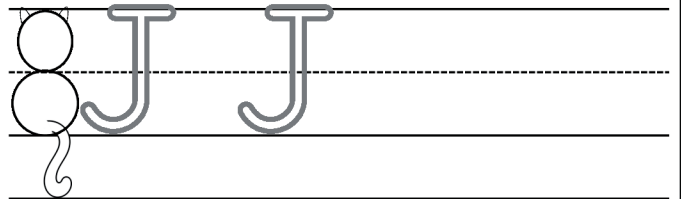
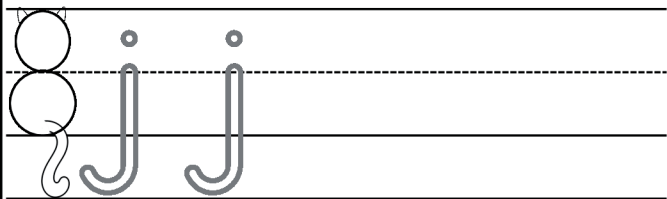
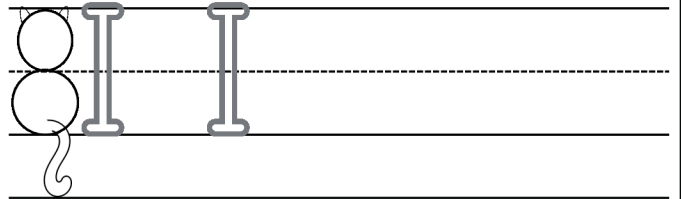
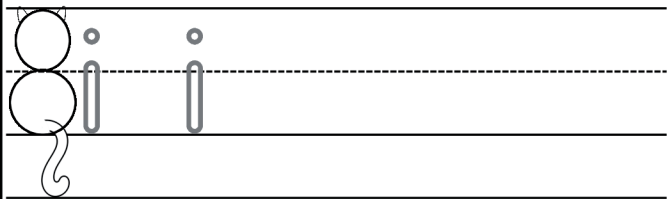
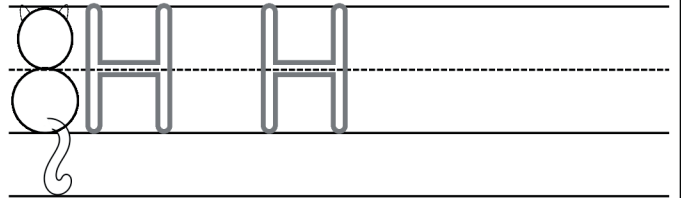
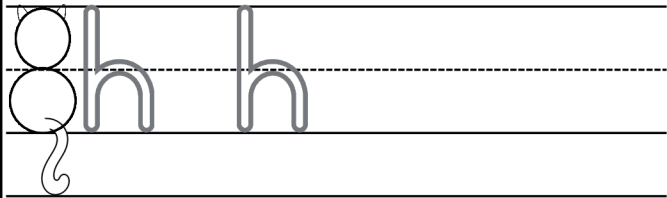
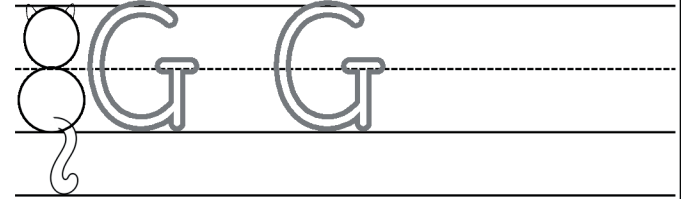
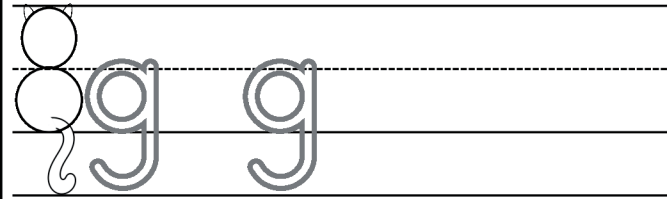
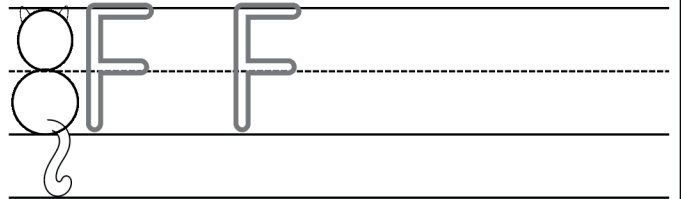
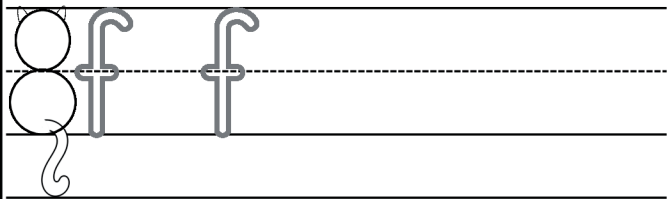
Extra practice



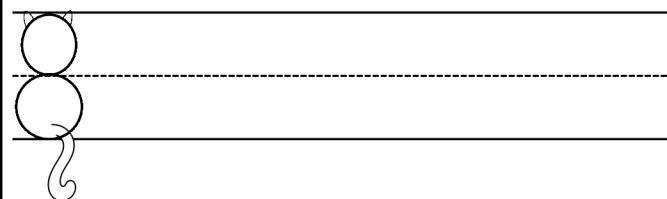
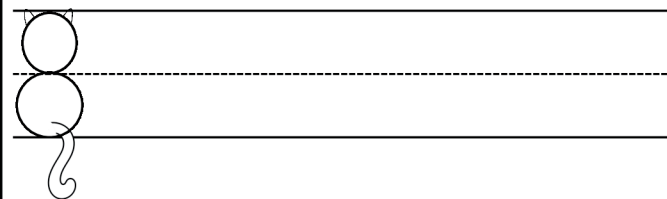
Visual-Motor Integration 19

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each letter.



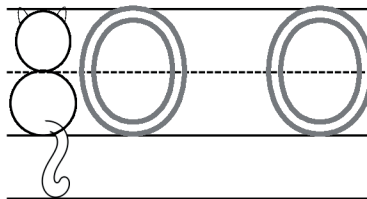
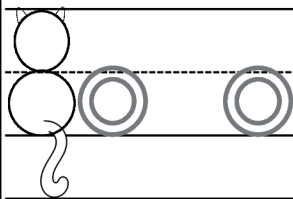
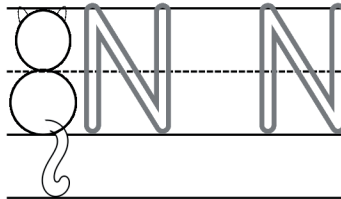
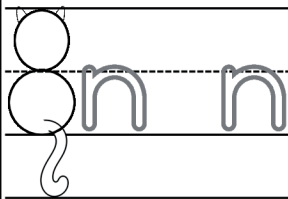
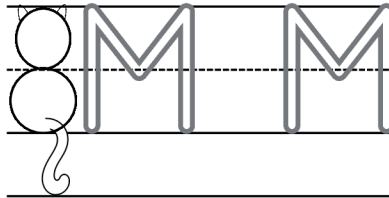
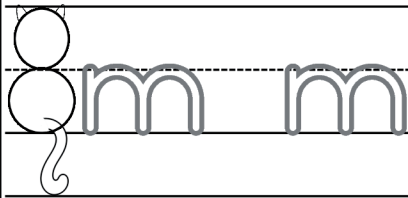
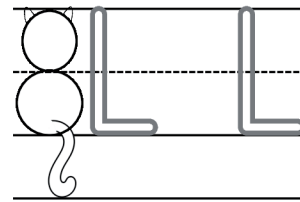
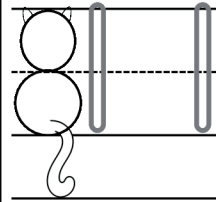
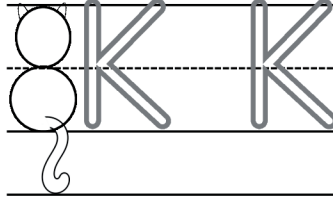
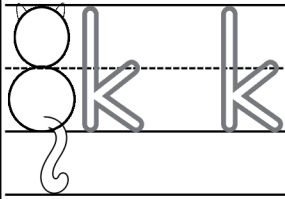
Extra practice



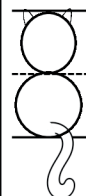
Visual-Motor Integration 20

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each letter.



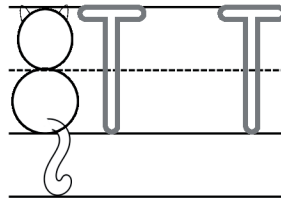
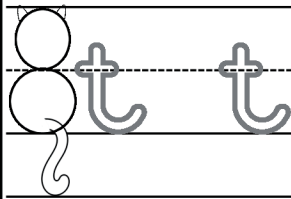
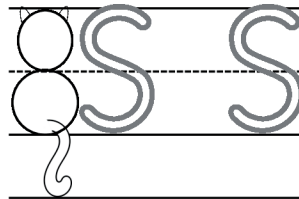
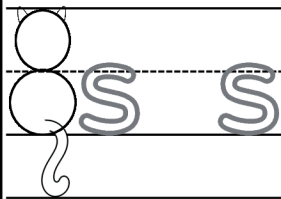
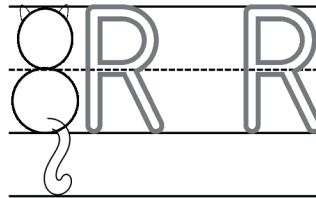
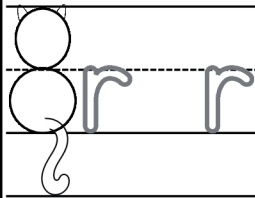
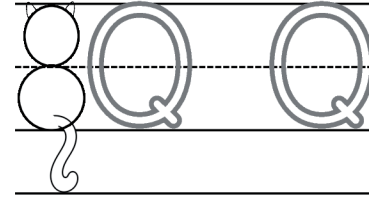
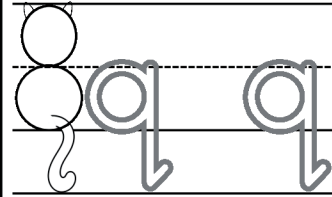
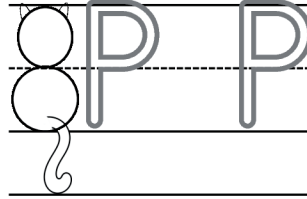
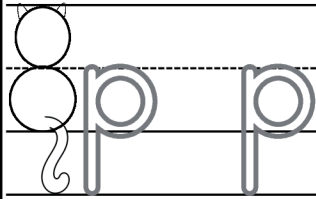
Extra practice



Visual-Motor Integration 2I

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each letter.



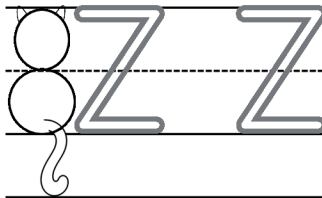
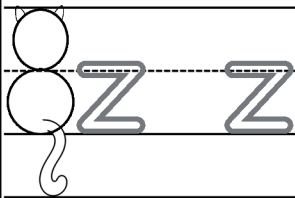
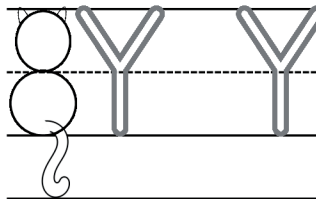
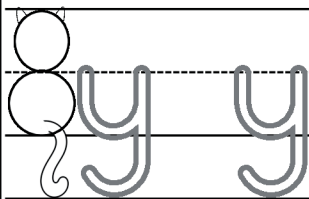
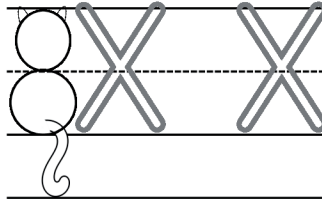
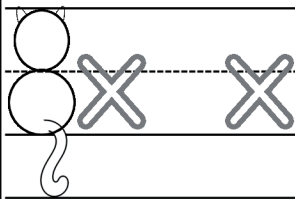
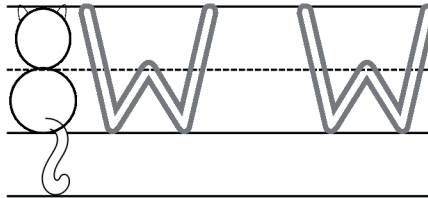
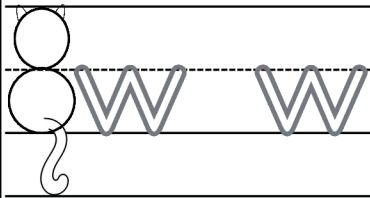
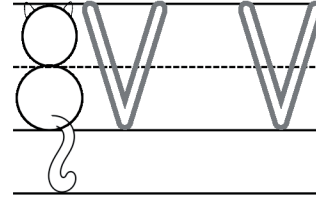
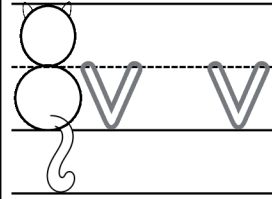
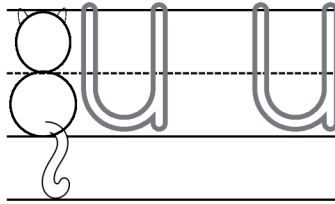
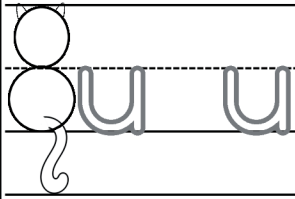
Extra practice



Visual-Motor Integration 22

Date: _____

Start at the arrow. Practice your formation by writing inside the lines of each letter.



Extra practice

